



Saint Matthew Episcopal Church

In the Episcopal Diocese of Olympia
and The Puyallup Tribe of Indians Reservation
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Hebrews 12:22, 24



You have come ... to Jesus,
the mediator
of a new covenant.

The Eleventh Sunday after Pentecost Proper 16 August 21, 2022



The Liturgy of The Holy Eucharist II

Prelude

Procession to the Altar

Christ be our light

1. Longing for light, we wait in darkness.
Longing for truth, we turn to you.
Make us your own, your holy people,
light for the world to see.

Refrain:

Christ, be our light! Shine in our hearts.
Shine through the darkness.
Christ, be our light!
Shine in your church gathered today.

2. Longing for peace, our world is troubled.
Longing for hope, many despair.
Your word alone has pow'r to save us.
Make us your living voice. *Refrain*
3. Longing for food, many are hungry.
Longing for water, many still thirst.
Make us your bread, broken for others,
shared until all are fed. *Refrain*
4. Longing for shelter, many are homeless.
Longing for warmth, many are cold.
Make us your building, sheltering others,
walls made of living stone. *Refrain*
5. Many the gifts, many the people,
many the hearts that yearn to belong.
Let us be servants to one another,

signs of your kingdom come. *Refrain*

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Celebrant Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be his kingdom, now and for ever. Amen.**

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Glory to God in the highest, and peace to his people on earth.

Lord God, heavenly King almighty God and Father, we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

The Collect of the Day

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Grant, O merciful God, that your Church, being gathered together in unity by your Holy Spirit, may show forth your power among all peoples, to the glory of your Name; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

A Reading from Isaiah (58:9b-14)

If you remove the yoke from among you, the pointing of the finger, the speaking of evil, if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday. The LORD will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters never fail. Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in. If you refrain from trampling the sabbath, from pursuing your own interests on my holy day; if you call the sabbath a delight and the holy day of the LORD honorable; if you honor it, not going your own ways, serving your own interests, or pursuing your own affairs; then you shall take delight in the LORD, and I will make you ride upon the heights of the earth; I will feed you with the heritage of your ancestor Jacob, for the mouth of the LORD has spoken.

Reader The Word of the Lord.

People **Thanks be to God.**

Psalm 103:1-8

- 1 Bless the LORD, O my soul, and all that is within me, bless his holy Name.
- 2 **Bless the LORD, O my soul, and forget not all his benefits.**
- 3 He forgives all your sins and heals all your infirmities;
- 4 **He redeems your life from the grave and crowns you with mercy and loving-kindness;**
- 5 He satisfies you with good things, and your youth is renewed like an eagle's.
- 6 **The LORD executes righteousness and judgment for all who are oppressed.**
- 7 He made his ways known to Moses and his works to the children of Israel.
- 8 **The LORD is full of compassion and mercy, slow to anger and of great kindness.**

A Reading from Hebrews (12:18-29)

You have not come to something that can be touched, a blazing fire, and darkness, and gloom, and a tempest, and the sound of a trumpet, and a voice whose words made the hearers beg that not another word be spoken to them. (For they could not endure the order that was given, "If even an animal touches the mountain, it shall be stoned to death." Indeed, so terrifying was the sight that Moses said, "I tremble with fear.") But you have come to Mount Zion and to the city of the living God, the heavenly Jerusalem, and to innumerable angels in festal gathering, and to the assembly of the firstborn who are enrolled in heaven, and to God the judge of all, and to the spirits of the righteous made perfect, and to Jesus, the mediator of a new covenant, and to the sprinkled blood that speaks a better word than the blood of Abel. See that you do not refuse the one who is speaking; for if they did not escape when they refused the one who warned them on earth, how much less will we escape if we reject the one who warns from heaven! At that time his voice shook the earth; but now he has promised, "Yet once more I will shake not only the earth but also the heaven." This phrase, "Yet once more," indicates the removal of what is shaken-- that is, created things-- so that what cannot be shaken may remain. Therefore, since we are receiving a kingdom that cannot be shaken, let us give thanks, by which we offer to God an acceptable worship with reverence and awe; for indeed our God is a consuming fire.

Reader The Word of the Lord.

People **Thanks be to God.**

Gradual Hymn

Heal me, hands of Jesus

- 1 Heal me, hands of Jesus, and search out all my pain;
restore my hope, remove my fear, and bring me peace again.
- 2 Cleanse me, blood of Jesus, take bitterness away;
let me forgive as one forgiven and bring me peace today.

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The Holy Gospel of our Lord Jesus Christ According to Luke

(13:10-17)

Glory to you, Lord Christ.

Now Jesus was teaching in one of the synagogues on the sabbath. And just then there appeared a woman with a spirit that had crippled her for eighteen years. She was bent over and was quite unable to stand up straight. When Jesus saw her, he called her over and said, "Woman, you are set free from your ailment." When he laid his hands on her, immediately she stood up straight and began praising God. But the leader of the synagogue, indignant because Jesus had cured on the sabbath, kept saying to the crowd, "There are six days on which work ought to be done; come on those days and be cured, and not on the sabbath day." But the Lord answered him and said, "You hypocrites! Does not each of you on the sabbath untie his ox or his donkey from the manger, and lead it away to give it water? And ought not this woman, a daughter of Abraham whom Satan bound for eighteen long years, be set free from this bondage on the sabbath day?" When he said this, all his opponents were put to shame; and the entire crowd was rejoicing at all the wonderful things that he was doing.

The Gospel of the Lord.

Praise to you, Lord Christ.

Gradual Hymn

Heal me, hands of Jesus

3 Know me, mind of Jesus, and show me all my sin;
dispel the memories of guilt and bring me peace within.

4 Fill me, joy of Jesus; anxiety shall cease,
and heaven's serenity be mine, for Jesus brings me peace!

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The Sermon

Silence for reflection

The Nicene Creed (Standing, as able.)

We believe in one God, **the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father (and the Son). With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. *Amen.*

Prayers of the People

Let us pray for the Church and for the world.

Grant, Almighty God that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world. We pray for the Anglican Communion, especially for Dioceses of Central Melanesia - (Melanesia), Melbourne - (Australia), Meridional (Southern) - (Brazil), Meru - (Kenya), Mexico - (Mexico), Northern Mexico - (Mexico), and The Episcopal/Anglican Province of Alexandria; our diocese, especially for St. Augustine's in-the-Woods, Freeland; St. Philip's, Marysville; and for our parish.

Lord, in your mercy,
Hear our prayer

Guide the people of this land, and of all the nations, especially Joseph our President, in the ways of justice and peace; that we may honor one another and serve the common good. We pray for our armed forces, their families, and those who are deployed, especially for those we now name;

Lord, in your mercy,
Hear our prayer.

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Lord, in your mercy,
Hear our prayer.

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us. We thank you for all the blessings of this life, especially for those we now name.

Lord, in your mercy,
Hear our prayer

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation. We pray for those on our prayer list and those in our hearts, praying especially for Lyn, Areewa, Marisa, Sandy, Rico, Hollie, Theresa, Beth, Saray, Janis, Leif, Kari, Kathryn, Milana, Gordon, Hope, Jackie, Elianny, Glen, Gary, Mary, Kathy, John, Marilyn, Keith, Justin & Kendra, Alex, Janae, Luke, Jeanne, Travon, Debbie, Cindy, Scott, Julie, Danielle, E.J., Mike, Tom, Jere, Daisi, and for all who suffer from COVID 19, their families, and friends, and for those we now name;

Lord, in your mercy,
Hear our prayer.

We commend to your mercy all who have died, especially Francis Thomas Lynch, Jr., that your will for them may be fulfilled. We pray that we may share with all your saints in your eternal kingdom.

Lord, in your mercy,
Hear our prayer.

Let us confess our sins against God and our neighbor.

Leader and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry

and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Celebrant

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**

The Peace

Celebrant The Peace of the Lord be always with you.

People **And also with you.**

Announcements, Birthdays, Anniversaries

Offertory

Our Sunday loose cash offerings go to our Emergency Aid Fund, which directly serves families and individuals in need within our community. Your generosity makes saying "yes" to those who need help the most possible.



Give Thanks

Give thanks with a grateful heart,
Give thanks to the Holy one,
Give thanks because he's given Jesus Christ, his Son. (repeat)

And now let the weak say, 'I am strong,'
Let the poor say, 'I am rich,'
because of what the Lord has done for us!
Give thanks with a grateful heart,
Give thanks to the Holy one,
Give thanks because he's given,
Jesus Christ, his Son. Give thanks. Give thanks.

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The Great Thanksgiving – C

The Celebrant faces the people and says

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give him thanks and praise.**

The Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.

Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

By his blood, he reconciled us. By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Celebrant and People

Sanctus

Holy, Holy, Holy Lord, God of power and might, heaven and earth are full of your glory.

Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

The people stand or kneel. The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord. On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

We celebrate his death and resurrection, as we await the day of his coming.

Lord God of our Fathers; God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

Lord's Prayer

Celebrant As our Savior Christ has taught us, we now pray,

**Our father in heaven
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us this day our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and forever. Amen.**

The Breaking of the Bread and Holy Communion

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Alleluia. Christ our Passover is sacrificed for us;
Therefore let us keep the feast. Alleluia.

All persons are invited to come forward to receive Holy Communion in one or both of the elements or receive a blessing. Gluten-free hosts and alcohol-free wine are available upon request at the rail. If you have yet to be baptized and are interested in learning more about this sacrament, please see one of the clergy following the liturgy.

If you do not wish to come forward for Communion or a blessing, or if you are attending the liturgy virtually, you are

invited to pray the following from *The St. Augustine's Prayer Book*.

Prayer for Spiritual Communion

In union, blessed Jesus, with the faithful gathered at every altar of your Church where your blessed Body and Blood are offered this day, I long to offer praise and thanksgiving, for creation and all the blessings of this life, for the redemption won for us by your life, death, and resurrection, for the means of grace and the hope of glory. I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive Communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen.

The Post Communion Prayer

Celebrant Let us pray

Celebrant and People

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

The Blessing

The Peace of God, which passes all understanding keep your hearts and minds in the knowledge and love of God, and of his son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.**

Procession to the Neighborhood

On Eagle's Wings

You who dwell in the shelter of the Lord,
who abide in this shadow for life,
Say to the Lord, "My Refuge,
My Rock in Whom I trust."

Refrain

And He will raise you up on eagle's wings,
bear you on the breath of dawn,
make you to shine like the sun,
and hold you in the palm of his hand.

Snares of the fowler will never capture you,
and famine will bring you no fear;
under God's wings your refuge,
with faithfulness your shield.

Refrain

For to the angels God's given a command,
to guard you in all of your ways,
upon their hands they will bear you up,
lest you dash your foot against a stone.

Refrain

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St. Matthew Mission Statement

To be a church that passionately embraces and values all people, growing in the love of Christ through word and action.

Celebrant Let us go forth into the world, rejoicing
in the power of the Spirit.

People **Thanks be to God.**

Postlude
